

EDVIN RUSTRIAN



About the Author

Edvin Rustrian is an accomplished educator, author, speaker, podcaster and leader. However, in spite of all his personal accomplishments, nothing speaks more to his heart than to be remembered and known for a man who loved God, his family and his children. His legacy? Fatherhood!

ABOUT THE BOOK

Legacy

Few words sum up a person's life as well as – LEGACY. It captures all that you were and all that you've left behind. Once you become a parent, that word takes extra meaning. However, if you only have two daughters who may marry and take on their husband's last name, legacy becomes imperative the more time passes.

Fatherhood

Daughters love their Daddies. There is probably no relationship more important to a daughter than with her father. It is a girl's father; her protector, her Super Man, that she depends on to guide her through some of life's most challenging times, including how men think. When a girl realizes that her father supports her and takes the time to nurture her, she turns into an amazing, powerful, and self-assured woman.

In his second book, renowned educator, Edvin Rustrian, unashamedly provides a realistic look at a caring father's soul; his pleas jump off the page and catch readers with emotion. Written with his heart on his sleeve, Letters to My Girls is destined to become a classic, one that every father – and mother – should read to their daughters.

“Our children are overwhelmed with many challenges. They're forced to grow up faster than their minds can process. Along the way, many foundational things are lost, producing a generation of selfish, impatient people. We need to do better for our kids.”
Edvin Rustrian

Wisdom

The wisdom that has lasted centuries is tried and true. Mr. Rustrian mixes that with modern-day references and real-world scenarios to provide a book so profound that girls who hear it or read it will be changed forever. Letters to my Girls covers just about everything a growing girl needs to know. The wisdom and guidance are here; the only thing missing is her father's heart. That is up to you to provide.

A PREVIEW

Love

“God is Love. Whoever lives in love lives
in God and God in them.”

1 John 4:16 NIV

My dearest Peanut and Chiqui,

My deepest desire is to ensure you know how much I love you. To kiss and hold you in my arms once more and breathe in your sweet scent. Oh, how I love you, my girls. This letter is difficult to write because, in my opinion, it's about the highest of all virtues, this letter is about love and its power to change your life and heart. Unfortunately, the word love has lost its truest meaning. People today use it to express it to their favorite soft drinks, television shows, sports, art, media, and every other emotional attachment that can be conjured. Although emotions do express an aspect of love, it's more than that. The dictionary defines love as “a great interest or pleasure in something or to feel deep affection for someone.” Notice how emotions and pleasure are descriptors of love.

For me, love is more than an emotion, mood, feeling, or pleasure. Love is a principle which regardless of emotion, feeling, or mood, loves and gives unconditionally. Many people view love as conditional. It's conditional because of what it gets in return. For as long as people get what they want and feel happy with the object or person at hand, the world is a beautiful place. But what about when you love someone so deep in your heart and it's not reciprocated? What about when someone is unfaithful and breaks your heart? What if someone destroys your name and reputation? What about when the person closest to you lies and betrays your trust? I can go on. The truth is that love keeps no record of wrongdoing. Love forgives, love is not selfish or unkind, it does not envy and endures all things. I know that's hard to hear, but it's true.

These virtues are difficult to understand because in the culture and time we live in, love has been reduced to the lowest of all forms—an emotion, which no essence of truth can ever be built on. As your father, the love I have for you is deep and profound. I think and dream of you always, I smile, and my heart skips a beat when I hear your voice. The way I speak and treat you are expressions of my love, the way I serve you and pray for you every night is of my deepest affection. And although I know you will make mistakes along the way and may go the wrong course and make decisions that may break my heart, I will never stop loving you. You will forever be my Peanut and Chiqui. From the day you were born to the time you read this letter and beyond, I hope and pray I have modeled for you, shown you, told you how much I love you and how much I have loved the love of my life, my queen, your beautiful mother.

My prayer

Dear Lord, I pray your grace and mercy over my girls. I pray that they may come to experience Your love, compassion, and kindness in such ways that they will grow confident in their relationship with You. May Your love abound much in their lives and may they never seek to find it elsewhere or replace Your love with a poor imitation. I bless my girls with all of heaven's love. Amen.



THE FACTS

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BIOGRAPHY

Married over 20 years and father of two beautiful girls, Edvin understands the urgency of his role as a husband and father and the responsibility to lead his family. As the author of his first children's book *The Adventures of Timmy and Jay* and his latest book *Letters to My Girls*, Edvin provides opportunities to engage in meaningful conversations on the impacts fathers have on sons and daughters and the family. As an educator of over ten years, he speaks to many children in public schools encouraging them to discover the greatness in their heart. In His podcast *Permission to Think* He challenges his listeners to think critically and deeply on topics on life, family and faith. As a leader, his primary focus is to ensure that he leads his home well before he leads anything else. As a speaker he engages, captures and inspires his audiences to seek for truth, meaning and purpose in life.



My Social Media Places

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PRESS RELEASE

“Spoken words leave impressions. Printed words leave tracks.”

Napoleon Hill



One of the biggest challenges facing our country and communities at large is the high rate of absent fathers in the home. There has never been a greater challenge and urgency as there is today to address and ask the difficult questions about the current state of families, marriage and children and the necessity for men to be present in the home. My heart and passion is for men to recapture the essence of what being a responsible, caring, loving husband and father is all about. To be present in the home and to be courageous, strong leaders, committed to protect and provide for their families, particularly their children.

Much research has been written on the negative impact not having a man, a father present at home has on children. Children who do not have a father present in their lives struggle with identity, confidence, self-esteem, emotionally, financially, personal responsibility and unfortunately, abuse. A fatherless home is an invitation to predators, leaving children exposed to danger and poverty.

Is for these reasons and more that I felt the charge and need to write Letters to My Girls for my daughters; to serve as a guide through life's toughest terrain. In the book, each letter speaks to a particular area of life and as I shared words of wisdom on what they can expect from life, my advice as a father to them is to "remember your identity and whose you are" Fatherhood is tough and not for the faint of heart. It takes a real man with great strength and grit to say yes to family and children.

My personal journey growing up without a father has been incredibly difficult. I have lived through some tough moments and have struggled with my identity, feeling insecure, poverty, victim mindset and self-deprecation. I know first hand what it means to wait for your father to come, but never does. It hurts. That's why this book is important and critical for every man, husband, and father to read. For every son, and daughter to connect. This book comes straight from my heart, as a father I have experienced the vicissitudes of life and faced the uncertainty of tomorrow and have made the decision to commit my life to be present in my children's lives.

There will come a time, that I will leave this world and move into eternity. My desire is for my daughters to hear my voice in written form, so when they need counsel, wisdom or a simple reminder of my love for them, they will open the book and read the prayers I made throughout their lives. Letters to My Girls is for everyone to read. The insight, spiritual wisdom, fatherly advice and prayers are not just for daughters but for the entire family.

POPULAR REVIEW

Edvin writes a wonderful, tender, loving, warm letter to his daughters. Every man should love their little girls or the girls God places in their lives as Edvin communicates this in his book. Our world is desperate for men who love, protect, and lead their daughters the way Edvin does in this book. He is honest about the struggles and heartaches they will encounter, but he firmly communicates that God loves them even more than he does and has a plan to not only help them through but makes them into the young ladies He designed and created them to be. I highly recommend this book for everyone, but especially Dads who may need a reminder of the influence they have on their little girls' (and their mothers') lives.

Rev. Dr. John Letterman Jr.

I am also a father of girls and, as I read this book I thought, *I need to be more intentional with regards to how I pray for my daughters.* This book is more than just leading us to pray for our children, it will give us direction on how to walk with them during the fragile times of their lives.

I promise you that this book will change the way you pray for your loved ones and change the way you walk with them as well. It will enlighten you with regards to areas of life that are crucial, and if not handled well - can be devastating.

Each chapter is finished with a prayer. I would recommend that you stop there for your reading of the day and let the chapter resonate with you. I know the Holy Spirit will enlighten you and give you discernment to those whom you pray for and awaken things within you that need realignment.

Carlos Medina
Senior Pastor
Elohim Christian Church